

### 3.1. Prevalence of Overweight (including Obese)<sup>1</sup> for County By Gender, Age, and Ethnicity - Adult Population<sup>2,3</sup> of Hawai`i , Hawai`i Health Survey (HHS) 1999

Demographic Characteristic	City & County of Honolulu		Hawai`i		Kaua`i		Maui		Total <sup>4</sup>	
	N	% Overweight	N	% Overweight	N	% Overweight	N	% Overweight	N	% Overweight
<b>Gender</b>										
Male	169,868	56.1	28,091	56.8	8,623	44.7	24,177	54.4	230,759	55.5
Female	118,774	36.6	19,141	37.8	8,098	40.1	15,154	34.3	161,167	36.7
<b>Age</b>										
18-24 Years	29,491	38.4	3,245	38.5	1,160*	32.7*	4,376*	46.0*	38,271	38.9
25-34 Years	44,566	40.3	8,332	55.2	2,804	46.6	6,899	45.4	62,602	42.6
35-44 Years	71,294	50.4	11,988	48.9	3,853	40.8	11,390	52.2	98,525	50.0
45-54 Years	66,328	56.7	10,152	53.0	3,584	47.8	6,243	37.3	86,307	53.8
55-64 Years	38,694	53.3	6,413	51.9	2,326	50.8	4,214	44.1	51,647	52.1
65-74 Years	24,889	39.6	4,813	42.4	1,613*	35.8*	5,047	57.6	36,362	41.6
75+ Years	13,381	28.9	2,289	25.1	1,382*	35.6*	1,161*	16.6*	18,213	27.5
<b>Ethnicity/Race</b>										
Caucasian	83,561	47.3	14,729	42.2	4,819	34.8	13,773	40.3	116,882	45.0
Hawaiian	48,816	63.1	13,465	66.1	4,290	59.0	8,878	58.6	75,449	62.8
Chinese	17,620	40.9	1,069*	42.2*	187*	34.4*	645*	37.9*	19,520	40.8
Filipino	37,382	48.9	4,820	42.8	2,719	37.5	5,399	45.6	50,320	47.1
Japanese	61,616	35.7	8,919	41.4	3,651	46.6	6,122	39.6	80,308	37.0
Other Unk. Ref.	39,648	48.6	4,229	44.8	1,055*	38.6*	4,515	44.1	49,447	47.5
<b>Insurance</b>										
Insured	267,987	46.2	42,302	48.4	15,627	43.8	36,203	45.2	362,119	46.2
Uninsured	19,069	42.9	4,217	36.4	1,095*	28.7*	2,782*	36.3*	27,162	40.2
Unknown	1,586*	54.1*	713*	72.5*	--	--	346*	43.2*	2,644*	56.1*
<b>TOTAL</b>	<b>288,642</b>	<b>46.0</b>	<b>47,232</b>	<b>47.2</b>	<b>16,722</b>	<b>42.4</b>	<b>39,330</b>	<b>44.4</b>	<b>391,925</b>	<b>45.8</b>

<sup>1</sup> Overweight (BMI 25-29.9) Obese (BMI 30 and above) by Clinical Guidelines, NIH 1998

<sup>2</sup> Respondent only, aged 18 years and older

<sup>3</sup> Sample numbers provisionally weighted and adjusted\* for total adult population of Hawai`i

\* (total numbers are adjusted as Ni`ihau, Kalawao, group quarters, and homeless are not represented, see HHS Procedure Manual 1999)

<sup>4</sup> Row and/or column totals may not sum to totals listed due to rounding

\* Number of cases in sample numerator or denominator too small for reliability - shown for consistency only

-- No reported cases

Sample size 1,976 overweight and obese adults out of 4,351 respondents